



TORA WEEK 2010



Honbu Dojo, North Hobart, Tasmania
Saturday 16th January - Friday 22nd January
Instructor: Shihan Steve Xepapas, 6th Dan

COST OF SEMINAR

WHOLE WEEK: Adults \$250/Juniors \$150

PER SESSION: Adults \$35/Juniors \$25

GRADING: Extra

DINNER: Friday 22nd January. Multi Cultural Dinner at Club
(if attending, please bring enough food for your family & our guests)

ATTENDING: (please tick all boxes that apply)

I will be attending whole week **I will be attending individual sessions only** **(tick session boxes below)**

Sat 16/1/10	<input type="checkbox"/> 10.00am - 1.30pm	All (Opening Session)
Sun 17/1/10	<input type="checkbox"/> 6.00am - 7.30am Kihon (arms) <input type="checkbox"/> 11.00am - 12.30pm Kihon (legs) <input type="checkbox"/> 12.30pm - 1.30pm Kata <input type="checkbox"/> 6.00pm - 7.30pm Kihon Kumite	All All Black Belts only All
Mon 18/1/10	<input type="checkbox"/> 6.00am - 7.30am Kihon (legs) <input type="checkbox"/> 11.00am - 12.30pm Ippon Kumite <input type="checkbox"/> 2.30pm - 4.00pm Kihon (arms) <input type="checkbox"/> 6.00pm - 7.30pm Kihon Kumite	All 5th kyu and above All All
Tue 19/1/10	<input type="checkbox"/> 6.00am - 7.30am Kihon (legs) <input type="checkbox"/> 11.00am - 12.00pm Jyu Ippon <input type="checkbox"/> 2.30pm - 4.30pm Ippon Kumite <input type="checkbox"/> 6.00pm - 7.30pm Kihon (arms)	All Black Belts only 6th kyu and above All
Wed 20/1/10	<input type="checkbox"/> 10.00am - 11.30am Kihon (arms) <input type="checkbox"/> 2.00pm - 3.30pm Kihon (legs) <input type="checkbox"/> 6.00pm - 7.30pm Kihon Kumite	All All All
Thu 21/1/10	<input type="checkbox"/> 10.00am - 11.30am Kihon <input type="checkbox"/> 1.00pm - 2.00pm <input type="checkbox"/> 2.15pm - 3.15pm Jyu Ippon <input type="checkbox"/> 6.00pm - 7.30pm Kihon Kumite	All Instructors only Black Belts only All
Fri 22/1/10	<input type="checkbox"/> 12.00pm - 2.00pm <input type="checkbox"/> 2.30pm <input type="checkbox"/> 7.30pm	Kyu Gradings Dan Gradings Dinner plus Grading Results
<i>Please hand forms in by end of DECEMBER</i>		

Name: _____ Phone No: _____

Organisation/Style: _____ Rank: _____

Email Address: _____

Attending Dinner: Yes No *Number of people attending dinner with you* _____